

# Stan-Cam Happenings

Stanwood-Camano Kiwanis Club  
Pacific Northwest District  
Division 21



Vol. 06/07 Num. 9  
June 2007

*Our Defining Statement:* Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.

## Stanwood-Camano Kiwanis

Meets every Thursday, 7am at  
Viking Restaurant in Stanwood.  
Board meets last Tuesday, 7am.

### Mailing Address:

PO Box 583  
Stanwood, WA 98292

### Club Officers

*President:* Char Peiffer

87 Lynn Drive  
Camano Island, WA 98282

phone: (360) 387-2643

email: tomcharpeiffer@mindspring.com

*Secretary:* Linda Boland

phone: (360) 387-3366

email: lbmft@wavecable.com

*Treasurer:* Darby Cook

phone: (360) 939-2225

email: darbycook@hotmail.com

*Pres. Elect:* open

*Vice Pres.:* Erika Sigmon

phone: (360) 629-3363

email: erikas.fssi@verizon.net

*Board Members:*

2007: Kevin Burham, Ron Frey

2008: Bob Mitchell, Carolyn Tobiason

2009: Palmer Sather, Tom Peiffer

*Committees:* See page 3.

**PNW Division 21** (see p. 2)

2006-07 Lt. Gov.: Ken Bell

**Pacific Northwest District**

2006-07 Gov.: Lori Bryant

website: www.pnwkiwanis.org

**Editor: Erika Sigmon**

(425) 231-2924; (360) 629-9973

erikas.fssi@verizon.net

Information for publication should

be phoned or emailed to Erika

Sigmon by 5pm of the last

Tuesday of each month.

Photos may be submitted.

## Comings and Goings

We've decided to extend our **4th Thursday at Noon meeting**, so June we'll be meeting at Noon for lunch instead of 7am. We will have another vote in June to decide whether to keep it going. There will NOT be a buffet, you will be ordering off the menu, so plan to come a little early or phone in your order so it is ready when you arrive at noon. It's nice to see the faces of those who usually can't make morning meetings!

The **Camano Climb** was a success. It was perfect weather - not too hot, not too cold, and no rain! Thank you to everyone who helped make it a success!

The **playground** construction and dedication were another highlight of this month! Thank you to everyone who helped make it a reality! See more from Char on page 2.

*Continued on page 4 . . .*

## Club Meetings

Contact Tom Peiffer or a person listed below with any program ideas.

### June Programs

7 Tom Peiffer  
14 Jim Piccolo  
21 Ron Frey  
28 Noon Mtg: Laura Peterson

### July Programs

5 Lyle Peterson  
12 Stacey Sawatzky  
19 Char Peiffer  
26 Howard Quigley

# SUMMER

[Ed Note: When you know what your program will be, email or call me - see lower left corner - and I'll add it in after your name, so our members will know.]

## Calendar of Events

### June

1-2 Relay for Life  
14 Flag Day  
17 Father's Day  
18 K-Kids Picnic Potluck, Camano  
Country Club Beach #2.  
26 Club Board Mtg, 7am

### July

4 Independence Day  
2-4 Rest Stop Coffee & Cookies  
fundraiser  
5-8 Kiwanis Intl Convention, San

Antonio, TX

14 Division 21 Picnic  
20-22 Art By the Bay - fish & fry  
sales  
31 Club Board Mtg, 7am

### Future Dates

Aug 2-5 Fish & Fries at the Fair  
Aug 23-26 PNW District  
Convention, Tacoma, WA  
Sep 8 Club Installation Picnic  
Sep 22 2nd Annual Kiwanis Safety  
Fair, Stanwood Middle School

## From the President . . .

Wow, what a busy month we had in May! We started with the Camano Climb and what a wonderful job Tim did in organizing this great event! We had a great day for the ride and the riders thoroughly enjoyed their spaghetti dinner when they got back. (After making all that spaghetti sauce it takes me awhile to eat spaghetti again). I would personally like to thank all of you for your time and great team work!

Next we dug holes for our playground project. Teaming up with church volunteers made our job a lot easier. With their help we dug holes, poured concrete and set plates. That was a busy day! Then we went back on Saturday to put the equipment together. The day care served lunch to all who were there. What a feast!

Then on the 18<sup>th</sup> we dedicated the playground, along with the daycare kids, MaryAnn (daycare supervisor), Governor Lori, and Lt. Governor Ken's wife Marilyn. What joy was on the children's faces! They made up a special thank you song for us and a special thank you card. Haggens did a beautiful cake for us! Glenda and Erika did face painting. Each child was given a 'Kiwanis is Tops' top. Thank you again for all the time you have given to this very special project that was so very dear to my heart.

They say everyone has a special Kiwanis moment, well mine was when we were ready to leave that day I looked back at the beautiful playground we had built and the Kiwanis sign on the fence. This put a smile on my face and in my heart!

Scholarship night was very rewarding to me, for us to give \$8,000 to all those fine young men and women. This in all should make each and every one of us very proud!

Most of you know that Tom is in the hospital in California. He is doing better, but will not be home for awhile. Thank you for your kindness and your prayers. I will keep you posted!

Thank you for all that you do for our community and for our children!

*Prez Char*

### Did you know . . . ?

. . . that a "service project" is defined by Kiwanis International as "an activity, consistent with the Objects, objectives, and policies of Kiwanis International, which is devised or planned by a Kiwanis club or a club committee and performed by members of the club for the benefit of others." A Young Children Priority One project is any service project that serves children up to age 5, including those not born yet.



### Need to do a Makeup Meeting?

You can go to any other Kiwanis Club's meeting (see Div. 21 clubs below or go to the Kiwanis International website - [www.kiwanis.org](http://www.kiwanis.org) - to find a Kiwanis Club anywhere in the world), attend a Key Club, Builders Club, or another sponsored youth club's meeting, participate in a club project (two maximum each month can count for make-ups), attend a Division, District or International meeting or event, attend a Club Board meeting, or attend a Club Committee meeting.

\*\*Let the Secretary know if you attend any of these meetings or events.

### Other Division 21 Clubs:

**Arlington** -- Meets 1st & 3rd Wed.

7pm, Boys & Girls Club; Pres:  
Gilman McKinnie, 360-435-5153.

**Darrington** -- Meets 2nd & 3rd Mon.

7pm, Senior Center; Pres: Ken Bell,  
360-436-9818

**Everett-Evergreen** -- Meets Fri. 7am,

Evergreen Bowling Alley; Pres: Craig  
Forbes, 425-252-3173.

**Everett Golden K** -- Meets Thurs.

10am, Everett Senior Center; Pres:  
Ben Hansen, 425-252-6258.

**Lake Stevens** -- Meets 1st Wed 7pm,

other Weds. 6:30am, Buzz Inn; Pres:  
Laura Brady-Scott, 425-335-1997.

**Marysville** -- Meets Tues. 7am, Village

Restaurant; Pres: Walt McKinney,  
360-659-7437.

**Mukilteo** -- Meets Tues. 7:30am,

Harbour Pointe Golf Club; Pres: Ron  
Johnson, 206-227-8923.

**Silver Lake, Everett** -- Meets 1st Wed

7pm, other Weds. 7am, MC Grill &  
Lounge in Mill Creek; Pres: Earline  
Bowen, 206-361-5977.

### 2006-2007 Div. 21 Lt. Governor

Ken Bell -- phone: (360) 436-9818  
email: [kmbell@juno.com](mailto:kmbell@juno.com)

**Have you invited  
someone to Kiwanis,  
lately?**

## Club Committees

~ chairperson(s) in bold ~

Club Meetings: **Tom Peiffer**

Interclubs: **Jack Peary**

Scholarships: Dan Follette,  
Mick Hanson, Kate Wigner

Membership: **Char Peiffer**,  
Gary Beard, Bob Jacobs

Young Children: Kate Wigner,  
Jerri Richards, Nancy High,  
Erika Sigmon

Sponsored Youth: Linda  
Boland, Kate Wigner, Carolyn  
Tobiason

Key Club Advisor:

K-Kids Advisor: Kathleen Nelles

Risk Management: **Jack  
Stedman**

Public Relations: Bob Mitchell,  
Lynn Wilkerson, Erika Sigmon  
(newsletter)

Community Service: **Glenda  
Mitchell**, Peggy Burr, Lynn  
Wilkerson

Every Day Hero Nominations:  
everyone!

Fund Raising: Howard Quigley,  
**Pamela Barton**

Camano Climb: **Tim Kramer**

Spiritual Values: **Ron Frey**

Sunshine: **Laura Peterson**

**If you don't see your name -  
pick one to be on! We need  
everyone to help keep our  
club running smoothly.**

## Sponsored Youth News



The K-Kids' CF drive was fabulous! They collected about \$1,100! The CF foundation is having the Everett Hawks come to their school on June 14 for an assembly to thank EBE for their help.



A small group of kids and Linda B, plus some parents helped put some stepping stones on the trail next to the school.

They are having their last meeting of the school year this week and will see us at the K-Kid picnic on June 18 at beach 2 starting at 4pm.

Thank you Kathleen Nelles and Linda Boland for keeping our Elger Bay Elementary K-Kids going strong!

## Committee Reports

All members should plan to participate in at least one committee each year. If you don't see your name in the committee list in the left column of this page, choose one and let President Char know. This is your club, your help is needed to keep things running. We can do great things when we all work together!

The **Club Meeting** committee wants to remind everyone to check page 1 for their name beside a meeting date. This is the meeting where you are in charge of the program. If you need suggestions contact Tom. If you are unable to make the date assigned to you, please let Tom know in advance so we can make arrangements for someone else to have the guest speaker. We all enjoy having guest speakers and not having one upsets our program for the day!! (Tom 387-2643)

Whenever a 5th meeting occurs during the month (next one is in August), instead of a speaker we will hold a white elephant auction to raise funds for our administrative account. Plan to bring a white elephant item and bid on your favorite items that others have brought. On the fourth meeting of the months of April, May and June we'll have a NOON lunch meeting instead of a 7am breakfast meeting - see page 1.

**Membership:** Do you know someone who would make a good member of our club? Invite them! See page 6 for their report.

The **Community Service** committee has several projects coming up. See their report on page 5.

The **Fund Raising** committee is getting ready for a busy summer season. We have a date for doing the rest area over the 4th of July long weekend - it could be a very lucrative weekend - many travelers. We'll be selling fish at the Art By the Bay festival and then comes the Fair. Make sure you're food handlers permit is up to date and a copy is given to the club! Those without food handler permits will be stuck at the cash register, using their math and customer service skills. Mark your calendars for the July and August dates - we'll need everyone to help out, so no one gets burned out!

The **Interclub** committee is shooting for two a month again this year. Check the board during the regular meetings and sign up to attend. This is a great way to meet other Kiwanians & keep up on perfect attendance! See their report on page 5.

Keep up the good work everyone!

## Birthdays & Anniversaries

### June

2 Mick Hanson

7 Anv: Bob & Jeanne Jacobs

8 Anv: Lefty & Virginia Wootten

8 Anv: John & Denise Hanstad

9 Laura Peterson

9 Jeri Richards

12 Anv: Betty & Jack Peary

20 Anv: Glenda & Bob Mitchell

23 Eldon Allen

## Board Meeting Highlights

(for official copy of minutes, ask Secretary Linda)

May 29, 2007

Call to order: 7am by Pres Char.

Attendance: Char, Jack P, Laura, Kevin B, Howard, Pamela, Palmer, Glenda, Bob M, Linda B, Lt. Gov Ken Bell and his wife Marilyn. Carolyn needed to leave early for work.

Motion to dispense with the reading of the minutes was passed.

Treasurer: Darby sent financial report and all looks well.

### Old Business:

Jack S informed Char that we are not liable for any accidents that might happen at the playground we installed for Camano Luthern Preschool.

MSP that we contribute \$200 for the cost of the wood chips needed for the playground. Originally, the wood chips were to be donated, but it did not happen as planned.

Jack P - South Grange on Camano Island donated \$100 for Bike Climb event. Although, all bills have not been received, we may have cleared \$3,000.

Glenda - Children's Art Fair at Stanwood MS was well received. Erika represented out new Pack 86 with information about scouting. We also did face painting which was quite successful.

Scholarship evening at the High School went very well with our club giving out \$8,000 in scholarships. Alyson Piccolo received the Palmer Sather Award. Another 14 graduates received helpful stipends.

### New Business:

Lt. Gov Ken Bell spoke to us about our enjoyable club meetings and worthy projects. He also offered suggestions of observations from other clubs. He also reminded us of CLE Trainings this summer. Division 21 Salmon barbeque Picnic will be July 14th. It is also a potluck for other delights. Participates will need to pay \$5 for the event.

Smile Africa is a division project to stock a traveling van with books to encourage literary involvement. Each club is requested to give \$750 or what they can afford to help this \$10,000 project to fruition.

Kevin B - Relay for Life is this Friday and Saturday. Our club has participated well.

Linda B - K-Kids Family Picnic will be June 18th at Beach #2 at the Country Club. The club will buy the hot dogs and buns. Club members are asked to bring other foods to round out the menu. It promises to be a most enjoyable outing.

Glenda requested a pair of helpers to supervise young people for 2 hours on Tuesday evenings.

Jack reminded us of our commitment for the I-5 Rest Stop July 2,3,4.

Pamela is investigating "Peanut Day."

September 22nd will be the Safety Fair at Stanwood Middle School.

One more adult leader is requested for Cub Scout Pack 86.

Meeting adjourned at 8am.

Respectfully submitted, Linda B, Secretary

## Comings and Goings

(continued from page 1)

The **Children's Art Fair** went well, especially the face painting. We gave suggestions to the Resource Center for next year's event in the hope that more children will participate. Thank you to Laura, Linda B, Nancy, Erika, Glenda & Bob M for helping at the event!

We've got many **fundraising** events coming up in the next couple months. Be sure to update your food handlers permit and mark your calendar! See calendar and page 3 committee reports for more information.

See page 6 **membership** committee report. Pres. Char is challenging everyone to bring in one new member this year - who will you ask?!?

Be on the look-out for Every Day Heros in Stanwood/Camano! Each month with the help of the local Police or Fire Departments, our club will choose an **Every Day Hero** to give a special framed award certificate and medal to.

The person (or persons) will be someone from the community who did something that makes them a hero in some measure, great or small. If you know of someone in our community who deserves nomination for this award, contact the EDH nominating committee.

See news about all **committees** on page 3.

Highlights of the May **Board Meeting** are on page 4.



## Community Service in Action

Save the date, Saturday, Sept. 22, for our Second Annual Kiwanis Safety Fair. It will be in the Stanwood Middle School front parking lots this year. Plan to come and help! The local police and fire departments will be participating along with other local groups bringing things like a bike rodeo course, bike helmets, fire safety, car seat safety and many other fun and informative activities for kids and their parents! Don't miss it!

We have a possible on-going service project for the Community Resource Center. They need child care providers for 4-6 children during their English as a Second Language class. The class is held at the resource center on Tuesdays from 5pm to 6:30pm. We need a minimum of two volunteers for each evening that we commit to. Let Glenda know if you could volunteer for such a fun task. We may decide to commit to one of two Tuesdays per month, if there is enough interest.

~ Glenda, Community Service

## Interclubbing . . . On the Go!

Well Jack P is on vacation for the next two weeks, he hasn't told me where our June interclubs will be but it really doesn't matter, it is so much fun going to all of the clubs, just getting to know other Kiwanis members and knowing the things they do! Interclubbing is fun!!! Please say yes in the month of June and join our members along with the members from the clubs we choose. Once you have gone I know you will be hooked!

-Char-

## Support Cancer Research

The Stanwood Area Relay for Life was a great success! This year's event was tremendous on such a Grand Scale.....the infield filled with tents, the Grandstand filled with cheering people for the opening, the track lined to the brim with Luminaria bags & 750 names read, 75 Teams and \$150,000 raised, interactive Website, young ones enjoying the bouncy house, everyone having fun with the dunking booth, the entire track lined with people cheering wildly for the throng of survivors.....

Our Kiwanis team did an awesome job, raising over \$3000, not just from amongst themselves, but with donations from those who couldn't join in the walking! Thanks everyone for making this the best year so far!

~ Kevin B, Team Captain



## Congratulations for 60 years together!

Lefty and Virginia Wootten will celebrate their 60<sup>th</sup> wedding anniversary with family on August 25<sup>th</sup>. They were married on June 8, 1947, in Portland, Oregon. He proposed to her at a hillside restaurant.

Lefty and Virginia met on the job in Portland while working in the newspaper business. They moved to Seattle via California in 1968 because of work. They retired to Camano Island in 1991.

Lefty and Virginia have three children, Dave, Don and Doug; four grandchildren; and two great grandsons. Lefty has been a Kiwanis member for more than 25 years now. Congratulations you two love birds!



## More Great Recipes from Char's Kitchen...

### Shrimp Salads:

#### Shrimp and Broccoli Salad:

3/4 lb cooked salad shrimp	2 cups broccoli flowerets
1 cup tomato, chopped	1 cup mushrooms, sliced
1- 6 oz can sliced water chestnuts, drained	1/2 cup celery, chopped
2 green onions, chopped	

#### Dressing:

1 cup lite mayonnaise	1 tsp dried dill weed	1/2 tsp salad seasoning
1/4 tsp black pepper	1/4 tsp salt	

Mix shrimp and vegetables together in a large bowl. Blend dressing ingredients in a separate bowl. Add dressing to salad. Mix well. Chill 4 hours or overnight.  
Makes 6 servings

*More recipes on page 6 . . .*

**Our children are watching: What we are speaks louder than what we say.**

## GREETINGS FROM THE MEMBERSHIP COMMITTEE

We have the potential of 6 new members before October: four from the playground project, one of our guest speakers and another one from past guest speakers! Also one more that is transferring from the Arlington club.

So as you see, we have been out there talking and asking and we need everyone to do the same! Many more hands for volunteering is not all bad - especially with all the upcoming projects!

All you have to do is ask! ~ Membership Chair Char

### More Great Recipes from Char's Kitchen...

(continued from page 5)

#### Shrimp-Spinach Salad with Orange Dressing:

2 bunches spinach leave, torn into bite sized pieces  
 1/2 cup cooked salad shrimp                      1 cup mushrooms, sliced  
 1 red apple, chopped                                1/4 cup red onion, chopped  
 1/4 cup carrot, grated    1/4 cup raisins    1/4 cup mandarin oranges, drained

#### Orange Dressing:

2 Tbsp frozen orange juice concentrate    1 Tbsp olive oil    1 Tbsp water  
 1 Tbsp white vinegar    1/8 tsp dried tarragon    1 1/8 tsp dried parsley  
 1/8 tsp onion powder    1/8 tsp garlic powder    1/8 tsp black pepper

Put spinach in a large bowl. Add shrimp, mushrooms, apple, onion, carrot, and raisins. Toss. Combine dressing ingredients. Pour over salad. Toss well. Sprinkle mandarin oranges over salad.                      Makes 4 servings.

#### Shrimp and Pea Salad:

1 cup cooked salad shrimp                      1- 16 oz package frozen peas  
 1/4 cup red onion, chopped                      1/2 cup lite mayonnaise  
 1/2 cup lite mayonnaise                          1/4 cup bacon flavored bits (or real)  
 1 tsp dill weed

Combine shrimp, peas and onion. Mix mayonnaise, bacon bits, and dill weed in a small bowl. Pour dressing over shrimp and vegetables. Mix well. Chill.                      Makes 8 servings.

## For the Kids . . .

This is an easy recipe for the kids to help you with, and believe me this is great!!!

1 can (20 oz.) crushed pineapple (undrained)  
 1 pkg (4 serving size) jello vanilla flavor instant pudding  
 1 cup thawed whipped topping                      1 prepared round angel food cake  
 Strawberries, blueberries, raspberries

Mix pineapple with juice and dry pudding mix in medium bowl. Gently stir in whipped topping. Let stand 5 minutes. Cut cake horizontally into 3 layers. Place bottom cake layer, cut side up, on serving plate. Spread 1-1/3 cups of the pudding mixture onto cake layer; cover with middle cake layer. Spread 1 cup of the pudding mixture onto middle cake layer; top with remaining cake layer. Spread with remaining pudding mixture. Refrigerate at least 1 hour or ready to serve. Garnish with the fruit.

Easy, Pretty and Delicious!

**Enjoy! ~ Char**

## *Helpful Hints*

*submitted by Laura*

*Newspaper Weeds-Away:* Start putting in your plants, work the nutrients in your soil. Wet newspapers, put layers around the plants overlapping as you go, cover with mulch and forget about weeds. Weeds will get through some gardening plastic, they will not get through wet newspapers.

*Broken Glass:* Use a dry cotton ball to pick up little broken pieces of glass - the fibers catch ones you can't see!

*No More Mosquitoes:* Place a dryer sheet in your pocket. It will keep the mosquitoes away.

*Squirrel Away!:* To keep squirrels from eating your plants sprinkle your plants with cayenne pepper. The cayenne pepper doesn't hurt the plant and the squirrels won't come near it.

*Easier thank you's:* When you throw a bridal/baby shower, buy a pack of thank you cards for the guest of honor. During the party, pass out the envelopes and have everyone put their address on one. When the bride/new mother sends the thank you's, they're all addressed!

If you purchase a new bike for your child.... place their picture inside the handle bar before placing the grips on. If the bike is stolen and later recovered, remove the grip and there is your proof who owns the bike.

*Flexible vacuum:* To get something out of a heat register or under the fridge add an empty paper towel roll or empty gift wrap roll to your vacuum. It can be bent or flattened to get in narrow openings.

And yes, there is more! You'll have to wait until next month . . .