



# Kiwanis Club of Mukilteo

Kiwanis is a global organization of volunteers dedicated to changing the world one child and one community at a time.

Issue No. 11-4

April 2011

Kiwanis Club of Mukilteo, P.O. Box 1553, Mukilteo, WA 98275

[www.kiwanis.org](http://www.kiwanis.org)

Division 21

[www.pnwkiwanis.org](http://www.pnwkiwanis.org)

**Meets Tuesdays  
of every month, 7:30 a.m.  
at Harbour Pointe  
Golf Club • Mukilteo  
Jan 4, Mar 2, May 3, Nov 1  
6:30 PM at City Hall**

#### **Club Officers**

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Karen Creech, Ingrid Draper  
Doug Peterson

**Directors: 2010- 2012**  
Scott Hyde, Ron Johnson,  
Tim Taylor

**PNW Division 21 Lt. Gov:**  
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**DEADLINE:** Information for  
publication should be delivered by  
the last Friday of the month.

*Thank  
You*



*Thank  
You*

The Kiwanis Club of Mukilteo would like to thank all who attended and donated to our 6<sup>th</sup> Annual Kiwanis Pancake Breakfast. Our event, held Saturday, March 12<sup>th</sup>, at Olympic View M.S., was a great success, and we were delighted to serve over 600 meals and give away over 50 raffle prizes. We netted over \$4,000 which will benefit kids in Mukilteo through direct scholarships or support of youth-serving organizations.

At the Pancake Breakfast we were blessed to hear from many talented student musicians from the Mukilteo School District. Students who performed include: the Bluegrass Club at Explorer; the Barbershop Group from Kamiak; Elementary Band and Orchestra; the Mariner Choir; Olympic View MS Band; Picnic Point Elementary Choir; Voyager MS Band; and Explorer MS Band. These dedicated youth and their leaders provided outstanding entertainment throughout the Breakfast.

The Breakfast's success was made possible by the generosity of local businesses, Kiwanis members, and volunteers from our Key and Builders Clubs. Special thanks to our sponsors: Bank of Washington; Barbara's Floral; Brand Builder's Media; END Group; Luann Marie, Co/CPA; Vicki Derks/Photography; Elliot Bay Adjustments Co.; Gallery of Homes; Jamie Jensen/Mukilteo Law Office; Dave Robinson/Gold's Gym; Matt Martin/State Farm Insurance; Jean Marie Trapp/John L. Scott; Ed Taylor; and Whidbey Coffee Company.

We would also like to recognize those who contributed to our raffle, raising money for the kids in our community: Arnie's Restaurant; Celtic Coffee Shop; Diamond Knot; Gold's Gym; Dianne Greenhouse/Mary Kay; Dwayne Lanes; Elliott Bay Adjustment Co.; Harbour Pointe Golf Club; Ivar's Restaurant; Jersey Mike's Subs; Dr. Scott Jones Chiropractic; Liberty Tax Service; Melissa Hinrichs, LMP; Mukilteo Family YMCA; Mortgage Advisory Group; Mukilteo Chocolate at Rosehill; Papa Murphy's Pizza; Nails by Cheryl; Mukilteo Lodge; Sabor A Mexico; Silver Cloud; Spiro's; Staybridge Suites; Sun Ray Tanning; Towne Place Suites by Marriott; Tropical Tan; Traxx in Door Raceway; Wellers Speedway Café; Whitbey Island Bank; and Wine 101. It's a joy to live in a community where volunteers, businesses, and educators come together for the benefit of our kids.

More on Pancake Breakfast, pages 6 & 7

## Calendar of Events

### April

- 2 Kiwanis One Day – Mukilteo Community Garden
- 5 Program Meeting, HPGC, 7:30 AM  
Richard White, Boeing
- 10 **Cocoon House, 5 PM**
- 11 Key Club, Mariner HS, 2:10 PM
- 12 Program Meeting, HPGC, 7:30 AM  
Sandy Warner, PAWS
- 13 Key Club, Kamiak HS, 2:10 PM
- 14 Builders Club, Olympic View MS, 7:30 AM
- 16 Healthy Kids Day, Mukiteo Y
- 18 Key Club, Mariner HS, 2:10 PM
- 19 Program Meeting, HPGC, 7:30 AM  
Cindy Briebl, World Vision
- 19 Builders Club, Harbour Pointe MS, 3 PM
- 20 Key Club, Kamiak HS, 2:10 PM
- 21 **Mukilteo Chamber Meeting, 7:30 AM**
- 21 Kiwanis Board Meeting, 7:30 AM, Muk Y
- 25 Key Club, Mariner HS, 2:10 PM
- 26 General Meeting, HPGC, 7:30 AM  
Nate Greenland, Housing Hope
- 26 Builders Club, Harbour Pointe MS, 3 PM
- 27 Key Club, Kamiak HS, 2:10 PM
- 28 Builders Club, Olympic View MS, 7:30 AM

### Upcoming Events

**Sat., May 7**  
Service Project  
Camp Killoqua

**Sat., May 21**  
General Aviation Day  
11:30 AM

**Monday, May 30**  
Tank Fest  
10 AM to 1 PM

**July 30**  
Lynnwood Kiwanis Charity Golf Tournament  
1:30 PM at the Nile Country Club



**Cocoon House  
Chefs**

April 10 - Tim & Pam Campbell



Jennifer Mease	Apr 3
Tom Nielsen	Apr 4
Eric Lucas	Apr 16
Judith Murdock	Apr 23



Rick Best & Nancy	Apr 2
Scott & Chery Hyde	Apr 26
Eric Lucas	Apr 28
Linda & Tom Tawls	Apr 29

**Nominations** are now being accepted for positions on the Kiwanis Club of Mukilteo Board. Serving is a great way to get to know other club members better and help out the club. Directors are asked to be available to attend one board meeting a month.

President-Elect  
Vice President  
Secretary  
Treasurer  
3-Director positions

Please contact Al Dantico, Cory Armstrong-Hoss, or Darlene Conklé if you are interested in serving as an officer or director.

Election will be in May and new Administrative Year starts October 2011.

## PRESIDENT'S MESSAGE



### The Case for Social Capital:

After a fantastic Kiwanis One Day at the Mukilteo Community Garden -- in which Key Clubbers, Kiwanians, and community members came together to support the common good -- I was reminded that our Kiwanis group is the exception to the nation trends of social engagement in America. In his book *Bowling Alone*, Robert Putnam describes the downward trends of all social, recreational, and civic groups in America, arguing that this decline could have real consequences for our future (for a summary, check out:

<http://www.bettertogether.org/pdfs/FullReportText.pdf>

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Consider this disturbing data:

- Only 30% of Americans think "most people can be trusted" today, down from over 50% in the 1950s.
- The number of times per year that Americans entertain friends at home has dropped by 45% since the mid-1970s.
- The percentage of those who vote has dropped by over 25% since the 1960s, and the number of those who volunteer for a political party or cause has dropped nearly 40% over the same period.

A number of root causes may be contributing to our disengagement from each other, including: the rise of television and the internet; women going into the workforce post-WWII; and the "professionalization of politics," in which regular citizens no longer feel like their voice matters. However, regardless of the culprits, Putnam argues that building Social Capital -- the connections among individuals that inspire trust and reciprocity -- is essential to healthy communities. He writes,

"Research has begun to show how powerfully social capital, or its absence, affects the well being of individuals, organizations, and nations. Economics studies demonstrate that social capital makes workers more productive, firms more competitive, and nations more prosperous. Psychological research indicates

that abundant social capital makes individuals less prone to depression and more inclined to help others. Epidemiological reports show that social capital decreases the rate of suicide, colds, heart attacks, strokes, cancer, and improves individuals' ability to fight or recover from illnesses once they have struck. Sociology experiments suggest that social capital reduces crime, juvenile delinquency, teenage pregnancy, child abuse, welfare dependency, and drug abuse, and increases student test scores and graduation rates. From political science, we know that extensive social capital makes government agencies more responsive, efficient, and innovative. And from our own personal experience we know that social capital makes navigating life a whole lot easier: our friends and family members cheer us up when we're down, bring us chicken soup when we're sick, offer job leads when we're unemployed, baby-sit our kids when we're away, join us at the movies when we're bored, give us loans when we're broke, and remember our birthdays when even we forget them."

In other words, it turns out that knowing and trusting one another has tremendous benefited to our lives.

The work we do in Kiwanis -- bringing people and organizations together through fellowship and service -- is exactly the remedy the Putnam prescribes to combat feelings of isolation and powerlessness. And, the relationships we create may break down biases and facilitate understanding across different social strata.

To close, I'll share quotation that Putnam cites, from community leader Thomas Greene, from Bedford, Massachusetts, who led an informal educational group of men in 1829. Though over 180 years old, this might as well describe our Club today:

"We come from all the divisions, ranks, and classes of society....to teach and to be taught in our turn.

While we mingle together in these pursuits, we shall learn to know one another more intimately; we shall remove many of the prejudices which ignorance or partial acquaintance with each other had fostered....We may return to our homes and firesides with kindlier feelings towards one another, because we have learned to know one another better."

Cory



## March Student of the Month Bianca Nicolas

The Kiwanis Club of Mukilteo named high school senior, Bianca Nicolas, as their March Student of the Month at a recent meeting. She has a 3.71 GPA and is in the top 10% of her class and to date has taken 7 honors or AP classes.

In addition to being a member of the Kiwanis Key Club for the past two years, Bianca has been a member of the National Honor Society and the Green Club. She has also volunteered as a tutor at the Seabrook Nursing Home.

Here is what some of Bianca's teachers and advisors have to say about this accomplished young woman.

Linda McDonald, Key Club Advisor

Bianca's willingness to jump in and lend a hand on whatever project is being worked on is a perfect example of what Key Club and Kiwanis is all about. From day one Bianca has been a huge supporter of Key Club and I'm sure with her positive, outgoing attitude she was partially responsible in helping us grow our membership this year. She will be missed when she leaves Mariner this year, however she has promised to come back for visits!

Sue Davis, AP Calculus

Bianca has an incredible work ethic. She is doing amazingly well this year in Calculus because she takes her responsibilities as a student very seriously. Her work always represents her very best efforts and she asks for help when she needs it. These qualities will take her far in life and I am looking for her to accomplish many great things in the future!

Sue Metzler

Her ability to analyze historical events and a natural inquisitive nature are augmented by her strong work ethic. She is a student that others rely on, and her calm nature creates an atmosphere of trust.

Jeffery Ferderer

Bianca possesses strong character, a character which leaves a positive impression wherever she is. She is a perfect example how one can achieve success by implementing strong work ethics, by being completely dedicated and focused, and by maintaining a positive attitude as a daily practice in everyday life.

Lisa Porter

Bianca was a TA for me first semester and an Advanced Cooking/Intro to Culinary Arts second semester. Bianca is a very hard working student. She has demonstrated to be responsible, respectful, and resourceful in my encounters with her. Bianca always has a positive attitude and willing to try something new. I have thoroughly enjoyed having her in class this year.

Mukilteo Police Department recognized Kiwanis members for their contributions and support of their police events



Pictured Police Chief Rex Caldwell, presenting certificate to Tim Taylor for assisting with "Chief for a Day"



Pictured: Police Chief Rex Caldwell and Tony McNulty received a certificate for assisting with "Shop with a Cop"



**Jack Pot**

**Over  
\$1,400**



**Volunteers Needed  
Camp Killoqua  
Saturday, May 7, 2011  
9 AM to 12 PM**

Where: Camp Killoqua

Description: The project for our Kiwanis Club would be building benches and a little repair on our Wee Theater. It is the stage for the campers.

Sign up with Tim Taylor or Darlene if you can help.



## Board Highlights

Motion made, seconded and carried to approve:

- New member: Mike Napoli sponsored by Karen Swinton & Darlene Conklé
- Marissa Perez and Joel Bervell to attend the next Key Leadership Camp at a cost of \$200 each.
- Service project to assist with Seattle Children's Hospital at Jersey Mike's Sub shop.
- Activities of the Mariner Key Club as follows:
  - As soon as it is approved by the ASB, the Key Clubbers will begin collecting money for the March of Dimes and participate in the March for Babies on May 7<sup>th</sup> at Legion Park in Everett.
  - April 20<sup>th</sup> many club members will travel to Discovery Elementary where they will divide themselves between five first grade classrooms and read a book followed by an art project. This is our third year with this project and definitely one the teachers and kids look forward to.

## Pancake Breakfast Reflections

To Kiwanis Club of Mukiteo:

Thank you for letting the Picnic Point Singing Panthers perform at the Kiwanis Pancake Breakfast. The kids were all very excited and had a wonderful time. I am glad that so many could come, and I'm proud of their performance.

The other groups were awesome, of course. We were able to hear a couple of jazz bands that were really cool. It's great for my students to see what they can do in the future if they practice, practice, practice. I love bringing my kids there because of the friendly atmosphere and the sense of community. Instead of the singers, I'd like to bring my recorder players next year.

I hope your fundraising was a big success. We are grateful for the opportunity to do our part.

Kathy Wagner  
Director, Picnic Point Elementary Choir

Dear Mukilteo Kiwanis Club,

Good afternoon from the Voyager Band Room. I just wanted to take a moment to say thank you so much for inviting the guys and ladies in my music program to participate in your pancake breakfast fundraiser this past Saturday. The band students and their families had a great time, and we all felt so graciously welcomed.

Also, thank you for helping me to instill within my students the importance of citizenship and giving back to the community. As we were warming up to go out on stage, we had a detailed discuss about all you do for the schools in our community, and I could tell that they got it, that they understood we were giving back to help others...and they took pride in it. That, coupled with free pancakes, makes for a pretty golden day.

Take care, and thank you again.

Kind Regards,

*Michael C. Clark*

Instrumental Music Director  
Voyager Middle School

## KUDOS TO...

All our talented entertainers and directors:

Robin Enders, Explorer Middle School Bluegrass  
Fiona Weeks, Kamiak High School Barbershop Group  
Rosanna Lampano, Elementary School Band  
Mariner Choir, Patty Schmidt;  
Jeff Ray, Olympic View Middle School Band  
Kathleen Wagner, Picnic Point Elementary Choir;  
Michael Clark, Voyager Middle School Band;  
Anita Valdez, Explorer Middle School Band

All the members who volunteered at the Pancake Breakfast:

Cory Armstrong-Hoss, Dreana Berggren, John Brakman, Jack Burgess, Pam Campbell, Dennis Chin, Darlene & Steve Conklé, Karen Creech, Al Dantico, Ingrid Draper, Lynette Gardiner, Daphne Gellhaus, Tom Hawley, George Holser, Scott Hyde, Keri Jensen, Annie Johnson, Dave Jones, Beth Kerwin, Peter Kinahan, John Luckovich, Ted Mace, Matt Martin, Linda McDonald, Tony McNulty, Mike Miller, Judith Murdock, Tom Nielsen, Doug Peterson, Lauren Roon, Karen Swinton, Linda Jo Talks, Tim Taylor, Darbi & Jon VanGerpen

Volunteers: Denise Berndahl, Taylor Martin, Allison Nelson

Kamiak & Mariner Key Club members  
Harbour Pointe & Olympic View Builders Club members

### Top Meal Ticket Sellers

#### \$100 or more

Darlene Conklé  
Annie Johnson  
Kamiak Key Club



#### \$50 or more

Pam Campbell  
Cory Armstrong-Hoss  
Daphne Gellhaus  
Melody Foreman  
Darbi VanGerpen

### Top Raffle Ticket Sellers

#### \$100 or more

Darlene Conklé

#### \$50 - \$99

Cheryl Wynn  
Linda Tawlks



Have you invited someone to Kiwanis lately?

### More Pancake Breakfast Members found their niche...



### Key Club Convention – Seattle

Kamiak High School sent 25 students plus two Advisors and 2 Chaperones to PNW Convention. Mariner High School sent 5 students and one Advisor. There were 7 schools represented this year from Division 21; Kamiak, Mariner, Lake Stevens, Meadowdale, Edmonds-Woodway, Jackson, and Monroe. A total of 60+ Key Clubbers and Advisors/Kiwanians attended.



Kamiak & Mariner



Kamiak Officers



Linda relaxing



Division 21



Joe donating blood